



Dr. Suh on TEDxWpg

Listen to [Dr. Miyoung Suh](#) share her inspiring TEDxTalk, "Farming to the Sky: A Game Changer for Health in the North" on how vertical farming systems could transform the way Canada's First Nations people access fresh, healthy foods and potentially improve nutritional outcomes for Indigenous peoples. "We all live under the same Canadian sky, and yet most people remain unaware of the struggles facing our First Nations communities," she told a TedX Winnipeg audience this June.

In her talk, Dr. Suh, Principal Investigator at St. Boniface Hospital Research with the [Division of Neurodegenerative Disorders](#) (DND) as well as the [Canadian Centre for Agri-Food Research in Health and Medicine](#) (CCARM) and Associate Professor, Food and Human Nutritional Sciences, University of Manitoba, posits that vertical, hydroponic farming systems commonly used in high-density countries such as South Korea, Japan and the Netherlands could be a viable solution to provide affordable and nutrient-rich vegetables to isolated

northern communities.