



Study shows Manitoba Lingonberries may protect against kidney failure

Manitoba wild lingonberries show promising protective qualities against kidney failure, according to a recent publication by Cara Isaac of [Dr. Chris Siow's](#) Innovative Therapy Research Laboratory at the [Canadian Centre for Agri-Food Research in Health and Medicine](#) (CCARM).

The study, “Supplementing diet with Manitoba lingonberry juice reduces kidney ischemia-reperfusion injury” was recently published in the Journal of the Science of Food and Agriculture, and highlighted in [this article on freshplaza.com](#)

The study focused on a condition known as ischemia-reperfusion (IR) in the kidneys, a disruption caused by the sudden loss of

blood flow and subsequent return of blood to the kidneys, which can lead to acute kidney failure.

“Our study points towards the potential health benefits in this local berry. We already had a supply enquiry from a major produce distributor based in Los Angeles. This is an opportune time for the different stakeholders in Manitoba’s economy to form partnerships to get this crop to market.” Says Principal Investigator Dr. Chris Siow.